

Practice Hour

Coaches Role in Staying On



Home
Stretch
WA

Date:

Thursday 6th July 2023

Name of Facilitators:

Hayley McKenzie & Ben Dancey



Acknowledgement of Country

Home
Stretch
WA



*Ngaala kaaditj Noongar moort
Keyen kaadak nidja boodja*

We respectfully acknowledge the Whadjuk people of the Noongar Nation as the Traditional Custodians of the land we are presenting from today, and all the countries where people are located. We pay our respects to their strength, cultural resilience and the Elders past and present.

Housekeeping & Rules of Engagement

Rules of engagement:

- Safe, secure, confidential space
- De-identify your examples (*including case managers & District offices*)
- Not supervision (*but can be arranged!*)

Teams Etiquette:

- Cameras on
- Mic on mute
- Raise your hand (*virtually or give us a wave!*)
- One person per camera is best



Is everyone ok with it being recorded?

Who is here today?



In 1 minute or less

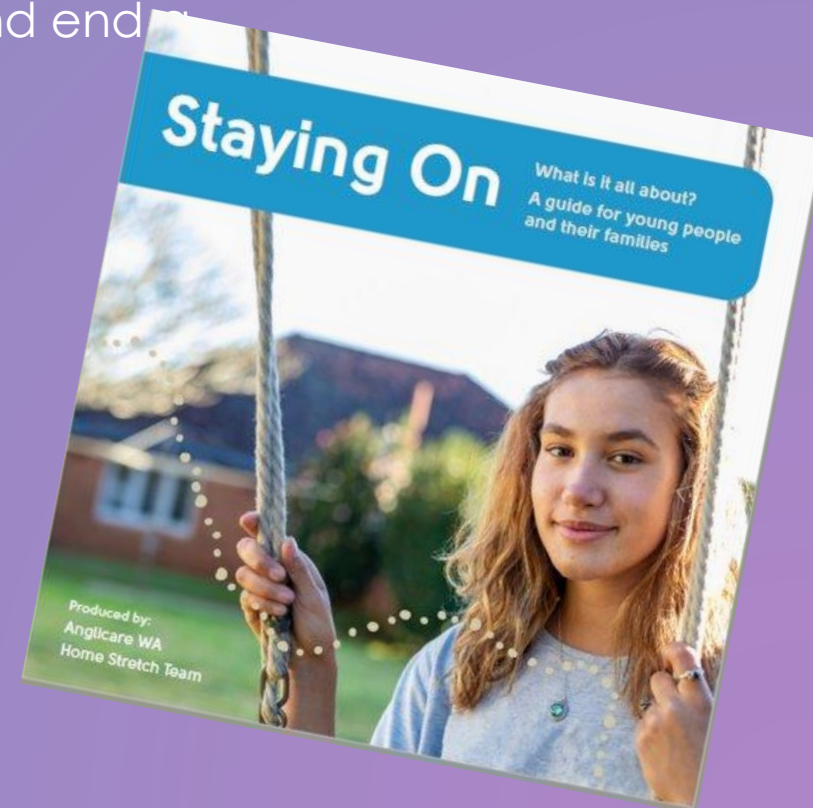
- What is your name?
- Which agency do you work with?
- What is your role?
- Which country are you tuning in from?

By the end of this session...

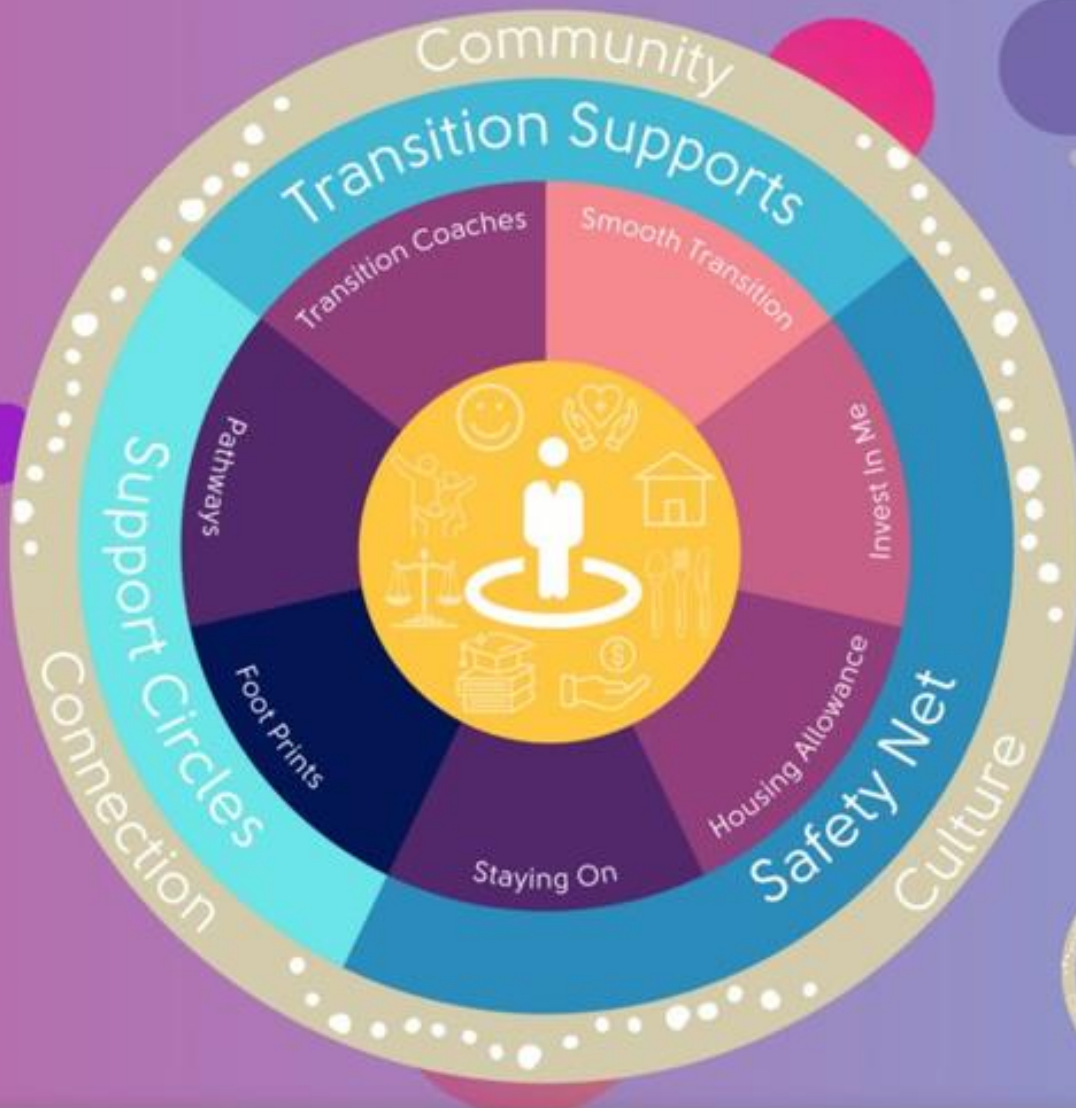
- Broad understanding of the Staying On process.
- Understand how Coaches and Staying On Facilitators can work collaboratively to prepare, maintain and end a Staying On Agreement.

Next Practice Hour:

Ethical Dilemmas – Thursday 20th July 2023



Home Stretch WA Model



Young people are at centre of support.
Everyone is treated as an individual



Support or connection is offered in
all areas of life



Support is delivered in specific
ways [Practice Approaches] that
work for young people



Home Stretch WA focuses on 3
key elements of support



Home Stretch WA greater purpose is to
connect young people with their
community and culture.

Practice Principals

A RELIABLE SOURCE OF SUPPORT IS YOUR RIGHT

It's your choice to join and you can choose to come and go.

You are the expert in your life, you deserve the freedom and respect to make your own choices

Our support is unconditional



"Chipping In" is about young people taking charge

This means that young people are asked to invest in themselves - building their skills, knowledge and capacity



You can make an informed choice about the support you receive from Home Stretch WA

There are no shocks for you or the important people in your life



Important moments & transition points in your life are acknowledged & celebrated



Your Relationships are important

The important people in your life can be part of your Home Stretch WA experience and we can support you to build new connections



Staying On

Staying On supports young people to continue living with their Carers until 21 or ready to move on.

Many young people are not ready to leave home at 18.

The opportunity to enter into a **Staying On Agreement** provides stability for both young people and carers.

Focus is on the young person

A key principal of Staying On is acknowledging and supporting a young person's emerging independence.

Date 14/07/2020

Staying On Agreement

What is working well?

Suzie & Barb get along well and have well established house rules in place as they have been living together for the past 2 years.
Suzie currently pays board- \$75 per fortnight and this will increase when she turns 18 and has more income.
Barb is happy to have Suzie stay in the arrangement until she is ready to venture off on her own.

What are our plans to make it work? (Agreed House Rules/Expectations)

Suzie already helps around the house and does the chores.
4pm Curfew works well.
Dealing with conflict- have a general discussion around this and try and resolve it.
Barb has general concerns for Suzie and when she turns 18 about going clubbing- this will be something they will need to work through together.
Visitors- happy to have visitors but no boys in the bedroom.

Finances

- How much is the Subsidy?
- How will the young person contribute?
- What will the Staying On Subsidy be used for?

Here you should list what the subsidy will be used to pay for and how the money will be distributed.

You can use the "Staying On Subsidy Factsheet" as a guide.

Agreed amount- \$462 per fortnight.

This amount was negotiated based on Suzie contributing \$75 per fortnight and deducting this from the previous subsidy amount.

Staying On Subsidy will be used to cover costs of rent, bills and household expenses.

Suzie is currently contributing \$75 per fortnight towards costs and will work towards contributing more in the future and when on a higher income.

Exit pathway plan? How will Staying On in this arrangement end?

What is to happen if the young person wants to end the arrangement?
If they are not happy with the agreement, someone is not meeting their part of Housing Warrant, be stay as long as she wants to.

Do I have any issues?

If they are not happy with the agreement, someone is not meeting their part of Housing Warrant, be stay as long as she wants to.

Suzie & Barb will discuss these.

Meeting in 4 weeks' time and 3 months' time to check in on the review the Staying On Agreement.

Agreement?

How you should list the agreement about when you person wants to end the arrangement.

Barb & Suzie to talk about this together.

Roles & Responsibilities

Carer/Family

- Support & encourage the young person with their transition to independence, including contribution to costs.
- Notify Home Stretch as soon as the young person leaves the living arrangement, to avoid liability for overpayment.
- Inform Home Stretch of any changes to the agreement or to discuss any issues or concerns.
- Participate in reviews of the living arrangement with Home Stretch

Young Person

- Meet with Home Stretch Coach to work towards identified goals and transition to independence.
- Contribute to costs of the living arrangement once receiving an income.
- Notify Home Stretch if any issues or concerns with the current living arrangement.
- Notify Home Stretch if you are no longer living in the living arrangement.
- Participate in reviews of the living arrangement with Home Stretch

Staying On

- Support is offered to the young person and their carers by Staying On Coordinators and Coaches.
- Families are supported to create Staying On Agreement.
- Expectation that young people will contribute to the living arrangement.
- Continuation of payments to carers.



Onboarding

Stage 2 - Providing information early on helps families plan ahead.

- Invite Staying On Facilitators to an Information Session.
- Opportunity for young person and supports to gain understanding of Staying On and what will be involved.



Preparation

- Provide information about the option to Stay On.
- Gain an understanding of Young Person's perspective, expectations and worries about Staying On.
- Discuss Finances – Chipping In/Budgeting/Centrelink supports.
- Explore what might happen if things don't work out – ending an agreement/moving out.
- Coordinate with Staying On Facilitator



Card Sort Activity



Non threatening way to set up and agreement



Facilitates open discussion



Can be used to explore a variety of topics

Information Sharing

Relationships between young people and carers can be complex especially the knowledge you hold of a young person

- Set boundaries around what can be shared with carers however acknowledge that it could cause a conflict of interest
- Be transparent with young people – flag things that needs to be discussed with the team or carers further.
- Young people should understand that coaches and facilitators are part of the same team and will share information.



Roles and Responsibilities

Transition Coach

- Support young people with goals and housing pathways
- Develop and maintain the Staying On Agreement

Staying On Facilitator

- Develop and maintain the SOA with carers
- Assist carers with links to resources and services
- Facilitate and organise reviews of the SOA

Shared responsibilities

- Mediation support
- Keeping each other informed of changes



Maintenance

Informal check in's by Coach can support a Staying On Agreement by:

- Holding the young person accountable – Chipping In
- Identify any emerging issues in the home or relationship with their Carer/s.
- Provide young people the with support and skills to navigate conflict and advocate for themselves.
- Ensure that Staying On Facilitators are aware of any changes so they can provide early intervention support or call a review.



Moving On

Things to consider when an SOA is ending...

- Does the SOA need to end straight away?
- What are the reasons for moving on?
- How can young people and carers celebrate a young person moving on?
- Reflect on the experience of Staying On with both YP and carer
- Acknowledge the participation of the carer



Questions & Comments?



More Information & Resources



Links to Resources & Documents on the website

- Staying On Practice Guidelines
- Staying On – Guide for Carers and Young People
- Staying On – Setting Up an Agreement Discussion Guide
- Staying On Agreement – Card Sort Tool
- Staying On Agreement – Template
- Staying On Agreement – Review Template



www.homestretchwa.org.au

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