

Home Stretch WA Disability Services - Practice Hour

An NDIS Overview

Tina Pugh – Mission Australia

14th September 2023



Delivering the NDIS in
your community



Acknowledgement of Land

We acknowledge the traditional custodians of this land, and we pay our respects to the Elders past, present and emerging for they hold the memories, the culture and dreams of the Aboriginal and Torres Strait Islander People.

We recognise and respect their cultural heritage, beliefs and continual relationship with the land and we recognise the importance of the young people who are the future leaders.

We extend the acknowledgement and respect to any Aboriginal people who may be here with us today.



National Disability Insurance Scheme (NDIS)

- **N** - A **national** scheme across all Australian states and territories.
- **D** – Provides support to eligible people with intellectual, physical, sensory, cognitive and psychosocial **disability**.
- **I** – An **insurance** scheme that gives all Australians peace of mind that if they, their child or loved one is born with or acquires a permanent and significant disability, they will get the support they need.
- **S** – The NDIS is a **scheme** not a welfare system

National Disability Insurance Agency (NDIA)

- The independent statutory agency with the role to implement the NDIS

Glossary of Terms



Partners in the Community (PiTC) - Community-based organisations that work with the NDIA to deliver the NDIS.

- **Early childhood partners** provide support to children younger than 9 and their families.
- **Local Area Coordination** partners support people from 9 years and older.

Local Area Coordinator (LAC) - works for a PiTC organisation to develop, implement and review NDIS Plans. LAC's can also provide linkages to information and supports in the community.

Participant - People who apply and meet the access criteria for the NDIS.

Nominee - A person appointed to act or make decisions on behalf of a participant.

Support Coordinator - A person who finds the supports a participant requires and links the participant with both funded and non-funded supports.

Plan Manager - A person who pays the invoices from the paid supports and will monitor a participant NDIS budget.

Glossary of Terms cont.

Support Worker - A person who provides individualised personal, physical and emotional support to people with disability who require assistance with within their life.

A Support Worker may provide support in various domains, including:

- **Activities of daily living** (e.g. personal care, eating, functional mobility)
- **Instrumental activities of daily living** (e.g. maintaining the home, driving and community mobility, transport managing health and shopping)
- **Communication**
- **Education**
- **Employment**
- **Play/Leisure pursuits**
- **Community/Social participation**
- **Developing personalised support plans**
- **Working with partnering health or other workers**



Local Area Coordinators & ECEI Partner Organisations (PITC)

Mission Australia are LAC Partners in:

- North East Metro, Central North Metro & South East Metro
- 9 years and older



APM are the LAC Partners in:

- North Metro, South Metro, South West, Great Southern & Inner Wheatbelt
- 9 years and older



Wanslea are Early Childhood Partners in:

- Central South Metro, South Metro, South West, Great Southern, South East Metro, Inner Wheatbelt, North Metro, Central North Metro and North East Metro.
- 8 years and younger



Eligibility Requirements



To be eligible for the NDIS, a young person must:

- have a permanent disability that significantly affects daily life or have a developmental delay (under 6 years of age)
- be less than 65 years old when you first access the NDIS
- be an Australian citizen, hold a permanent visa or a Protected Special Category visa

<https://www.ndis.gov.au/applying-access-ndis/am-i-eligible>



Access Request



To determine if a person meets the eligibility criteria to become a participant in the NDIS, they must go through an Access Request Process (ARP).

When a young person completes the ARP they will be asked to provide the NDIA a range of information, including supporting information about their disability and the impact their disability has on their everyday life. This will help the NDIS to determine their eligibility for the scheme.



- **An LAC can support a young person with their access request**
- **No appointment is required, young people can call into any MA office**

<https://www.ndis.gov.au/applying-access-ndis>

Supports and Services Funded by the NDIS

Core Supports

- A support that helps a participant complete daily living activities

Capital Supports

- A support for an investment, such as assistive technologies, equipment and home or vehicle modifications, or funding for capital costs (e.g. to pay for Specialist Disability Accommodation).

Capacity Building

- A support that helps a participant build their independence and skills



Support Categories

Assistance
with Daily Life

Transport

Consumables

Social &
Community
Participation

Assistive
Technology

Home
Modifications

Coordination
of Supports

Improved
Living
Arrangements

Finding &
Keeping a Job

Improved
Relationships

Improved
Health &
Wellbeing

Improved
Learning

Improved Life
Choices

Improved Daily
Living



<https://www.ndis.gov.au/providers/becoming-ndis-provider/am-i-ready/supports-and-services-funded-ndis>



Supports Not Funded By the NDIS

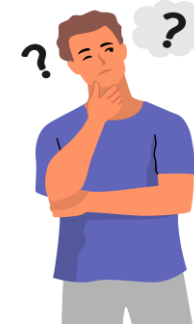


Some supports will not be funded by the NDIS, these will include where it:

- is not related to the participant's disability
- relates to day-to-day living costs that are not related to a participant's support needs (e.g. basic costs that everyone would be expected to pay such as club registration and membership fees)
- is likely to cause harm to the participant or pose a risk to others or can be more appropriately or effectively delivered by another system, such as health or education (e.g. medications)

<https://www.ndis.gov.au/providers/becoming-ndis-provider/am-i-ready/supports-and-services-funded-ndis>

What is a Planning or a Reassessment Meeting?



As part of the planning process, an LAC or NDIA Planner will need to ask the young person some questions about:

- The young person's strengths, what they need support with and why
- Who the important people in the young person's life are and what role they play in supporting them i.e. their support circle
- What a typical day looks like for the young person
- Any current supports the young person is receiving
- Young person's goals in life
- How the young person wants to manage their plan

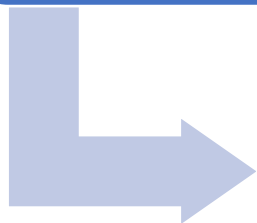


Age Milestones



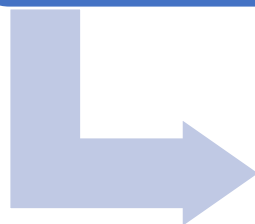
14.9
Years

When a young person can be
legally employed to work in WA



16
Years

When a young person
can apply for the
disability support pension



18
Years

When a young person becomes
a legal adult. If someone needs
to act on their behalf with the
NDIA, a proof of guardianship
or a request for a nominee is
completed.



centrelink



Mental Health and Psychosocial Disability

- If a young person has a psychosocial disability, they may need regular or ongoing mental health treatment services.
- The mental health system is generally responsible for clinical services such as diagnosis and treatments.
- The NDIS generally provides supports that are not clinical in nature and focus on:
 - improving or maintaining functional ability and recovery
 - increasing independence
 - supporting social and economic participation.

Psychosocial Recovery Coach



Psychosocial Recovery Coaches work with individuals with a psychosocial disability to:

- **Develop a recovery-enabling relationship:** Rapport building, multiple meetings to understand the pp and their needs
- **Increase awareness of choice and control:** Provide info regarding advocacy services, support to make calls/emails to providers/services to share their needs
- **Identify individual goals and develop strategies** to achieve them
- **Provide ongoing support and engagement** (even in times of increased needs due to variation in individual mental illness): Help during crisis
- **Build individual capacity, increase recovery skills, resilience and decision making:** help to link up to mainstream/community services like Foodbank, psychology and mental health services.

<https://www.selectability.com.au/ndis/psychosocial-recovery-coach>
[Mental health and psychosocial disability | NDIS](#)

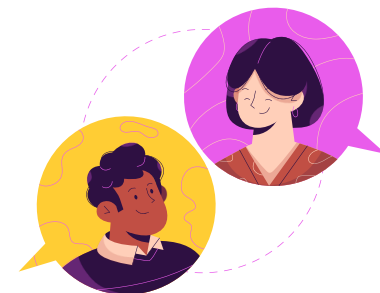
Discussion



1. Discuss similarities and differences between the role of a Support Worker, Psychosocial Recovery Coach and a Home Stretch WA Transition Coach.
2. What are some of the challenges that have arisen in supporting a young person with a disability? What strategies/resources/supports have worked well in supporting a young person with a disability?



Contact Mission Australia



Central North Metro  lacentralnorth@missionaustralia.com.au



Subiaco - 6212 8730

Mirrabooka - 9208 3300

North East Metro  lacnortheastmetro@missionaustralia.com.au



Midland - 9262 4250

Morley - 9222 6350

South East Metro  lacsoutheastmetro@missionaustralia.com.au



Cloverdale - 9225 0400

Bentley - 9262 4230

☎ 1800 276 522 or LAC@apm.net.au (all offices)



Metro

North Metro

Joondalup

Warwick

Central South Metro

Booragoon

Success

South Metro

Rockingham

Mandurah

Armadale

Regional – South

South West

Bunbury

Busselton

Margaret River

Great Southern

Albany

Inner Wheatbelt

Northam

Regional - North & East: if you live within the **Kimberley-Pilbara, Midwest-Gascoyne, Outer Wheatbelt and Goldfields-Esperance regions, call 1800 800 110** to access the NDIS in your area.

- The NDIA is currently providing direct planning services to applicants in these regions, while it reviews the roll out of services to these areas.

Delivering the NDIS in
your community

Contact NDIS



1800 370 776



enquiries@ndis.gov.au



webchat at <https://www.ndis.gov.au/>

