

Practice Hour Handover Summary



Date:
Thursday 31st August 2023

Name of Facilitators:
Hayley McKenzie & Ben Dancey

Acknowledgement of Country

Home
Stretch
WA



*Ngaala kaaditj Noongar moort
Keyen kaadak nidja boodja*

We respectfully acknowledge the Whadjuk people of the Noongar Nation as the Traditional Custodians of the land we are presenting from today, and all the countries where people are located. We pay our respects to their strength, cultural resilience and the Elders past and present.

Housekeeping & Rules of Engagement

Rules of engagement:

- Safe, secure, confidential space
- De-identify your examples (*including case managers & District offices*)
- Not supervision (*but can be arranged!*)

Teams Etiquette:

- Cameras on
- Mic on mute
- Raise your hand (*virtually or give us a wave!*)
- One person per camera is best



Is everyone ok with it being recorded?

Who is here today?



In 1 minute or less

- What is your name?
- Which agency do you work with?
- What is your role?
- Which country are you tuning in from?

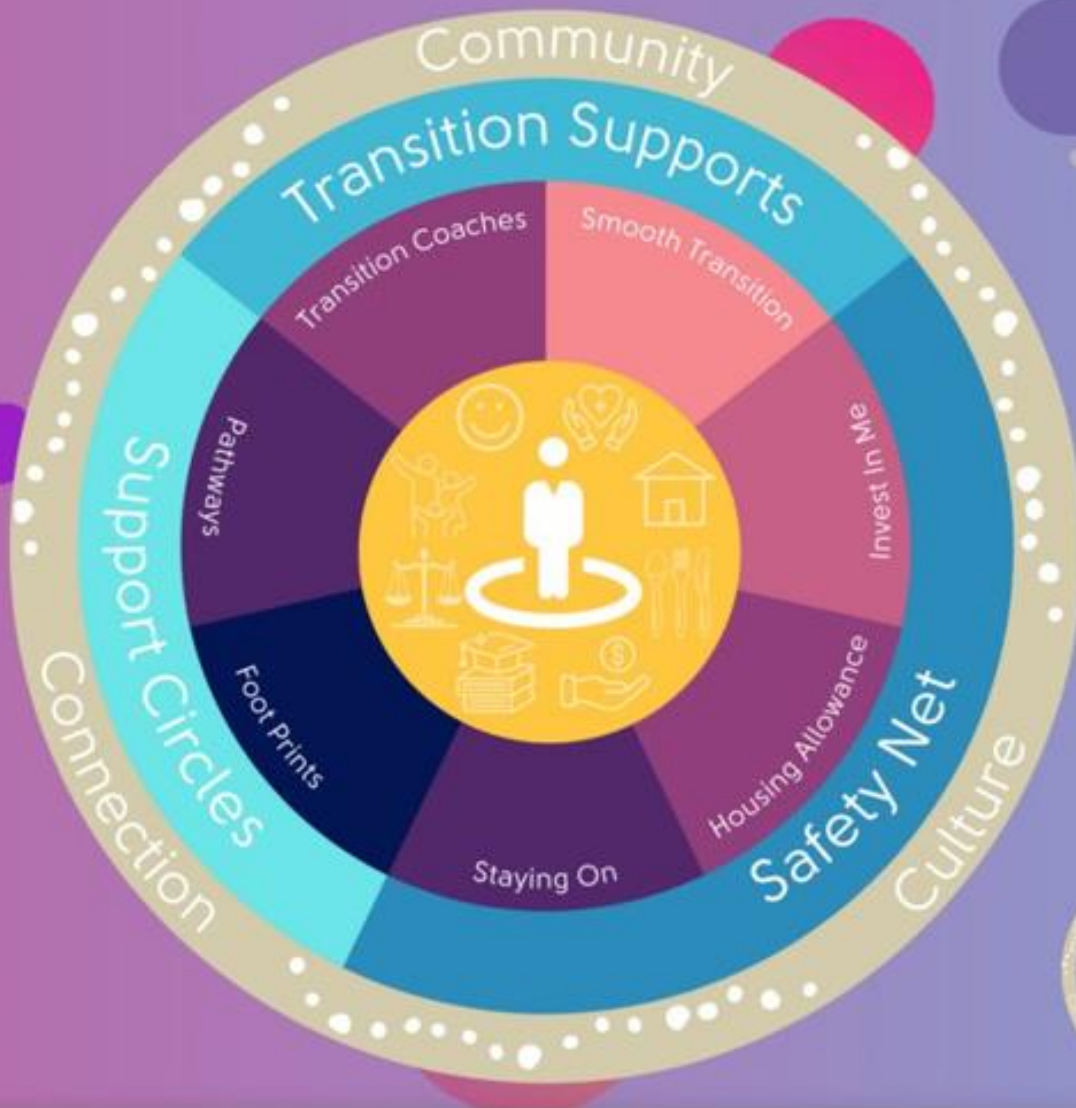
By the end of this session...

- Understand how to complete the Handover Summary with a Young Person.
- How to prepare a young person for leaving Home Stretch WA.

Next Practice Hour:

- Disability Support Services Practice Hour with **Mission Australia Guest Speaker Tina Pugh**

Home Stretch WA Model



Young people are at centre of support.
Everyone is treated as an individual



Support or connection is offered in
all areas of life



Support is delivered in specific
ways [Practice Approaches] that
work for young people



Home Stretch WA focuses on 3
key elements of support



Home Stretch WA greater purpose is to
connect young people with their
community and culture.

Home Stretch WA Principles



**You are the expert
in your life, you deserve the
freedom and respect to
make your own choices**

Our support is unconditional

**A RELIABLE SOURCE OF
SUPPORT IS YOUR RIGHT**

It's your choice to join and you can
choose to come and go.



**You can make an informed
choice about the support
you receive from Home
Stretch WA**

There are no shocks for you or the important
people in your life



**"Chipping In" is about
young people taking charge**

This means that young people are asked to
invest in themselves - building their skills,
knowledge and capacity



**Your coach will be
consistent & persistent
but not intrusive**

"Like a text message, not a knock on
the door"



**Important moments
& transition points in your
life are acknowledged
& celebrated**

Handover Summary

Handover Summary must be completed with every young person before they age out of Home Stretch WA services at 21 years or opt out prior to this.

- Functions as an updated Leaving Care Plan
- Highlights future goals and aspirations.
- Captures the support circles that a young person has developed.
- Clearly outlines any future goals that require financial support from Leaving Care Funds.
- Includes a summary of financial payments made through Invest In Me.



Smooth Transition

- Handover Summary is co-created with young people – ensures that it reflects their individual needs.
- Supports young people to develop the knowledge and skills of help seeking, communication and self-advocacy.
- **Trauma informed** – reduces the number of times a young person will have to repeat their story.
- **Opportunity to reflect** and highlight the positive progress that the young person has made across life domains.



Preparation

- Handover summary can occur as part of turning 21, opting out and/or changing providers.
- Conversations around ageing out naturally emerge around 20th birthday.
- Opportunity to discuss timeline of supports and plan for the final year of Home Stretch WA and beyond.



What information is included

- Information relevant to support their ability to access discretionary financial support through CPFS.
- Document is highly structured and covers each of the life domains – as well as Parenting Skills and NDIS packages if relevant.
- Each section does not need to provide a full summary – stick to what is **useful**, **important** and **relevant**.
- Provides young people with the opportunity to shape how they want to be perceived and responded to.



Legal

Progress of Criminal Injuries Claim

- Contact Team Leader/District Home Stretch Champion to ask the progress of claim eligibility.
- Large backlog may mean it is still pending.
- Make sure young person's details are up-to-date for Department legal team to make contact.



What if young people don't want anything shared?

- The level of detail and information included will always be guided by the young person.
- As a minimum the Handover Summary must contain a summary of financial payments made through Invest In Me, Staying On and Housing allowance.
- Support young person to understand the purpose of the handover summary and who it will be provided to.



Financials – IIM spending

- A base requirement of the handover document to the Department is a summary of Invest in Me, Staying On and Housing Allowance spending.
- Spending is documented by domain and should be accompanied by a list of items/services paid for .



Domain	Total spend	Details of items/services
Education and training	\$749.56	Community services course Hospitality course Education costs: equipment, laptop charger.
Life and after-care skills	\$1612.45	Driving lessons Identification Document delivery Supported food shop Birthday and Christmas presents Housewarming gift
Financial security	\$1235.43	Mobile phones Phone repair Private transport Smartrider/credit Food vouchers
Housing	\$601.69	House set up costs Moving costs
Health	\$325.00	Gym membership Massage treatment
Total (07/10/2019 – 27/02/2023)	\$4524.13	

Financials – Identified support needs

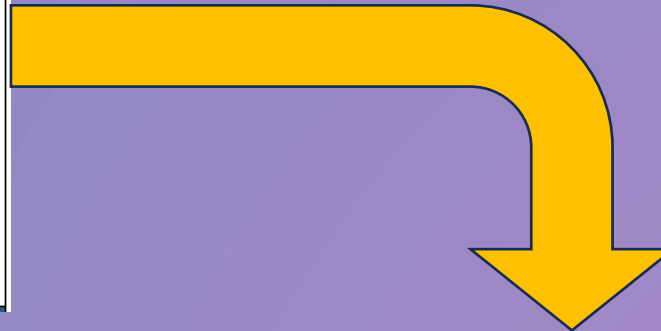


- An opportunity for a young person to advocate for their needs when returning to the Department for support.
- Support needs are relevant current and contextual.
- Enables a Leaving Care worker to advocate for the young person's needs with their Team Leader, regardless of whether there is a prior relationship with the young person.

Financials – Identified support needs

Summary of Support	<p>████ presents in good physical health.</p> <p>████ has made great strides in reducing his substance use and during the trial self-referred to AOD services for counselling and detox support.</p> <p>████ does sometimes suffer with social anxiety and has had support from Youth Reach South in developing strategies to help handle this.</p> <p>As part of producing a report for his Criminal Injuries Claim █████ has engaged with a psychologist who has noted that he displays symptoms of PTSD from past trauma.</p>
Future Supports	<p>████ would strongly benefit from accessing a youth mental health service, such as Headspace, and also it would be encouraged that █████ is supported to access professional mental health support with specific therapy such as EMDR.</p> <p>████ should be encouraged to access a mental health support plan from a GP, but would likely need support in funding any gap payment, or on going sessions of therapeutic support as necessary.</p>
Resources, Goals, Tasks, Actions	<p>As recommended by █████ (Principle Psychologist):</p> <ol style="list-style-type: none"> 1. It is recommended that █████ engage in psychological treatment for a period of 18 months with fortnightly frequency (minimum), to engage in DBT and EMDR to address trauma. 2. It is recommended that █████ engage in substance use counselling (separate from his psychological therapy) to address his substance use.

- **Example from Health section**
- Summarises support and context of the need for future support.
- Include recommendations suggested by other services if necessary.



- **Example from Identified Financial Support Needs**
- Brief explanation of need for the busy Department worker!
- Provide exact or estimated costing of support need
- *Mental Health support needs may be too hard to estimate the costs...*

culture	events, camps, family finding.		████ is Aboriginal and Māori heritage.
Health	Psychological treatment		It is recommended that █████ engage in psychological treatment for a period of 18 months with fortnightly frequency (minimum), to engage in DBT and EMDR to address trauma.
Health	AOD counselling/rehab		It is recommended that █████ engage in substance use counselling (separate from his psychological therapy) to address his substance use.
Parenting	Parenting programs		It is recommended that █████ be provided the opportunity to engage in parenting training.

Financials – Identified support needs

“Arthur has the goal of saving for and buying a car in the future. If buying from the private market we would recommend that Tyler is supported in having an RAC check on any prospective vehicle to ensure it is roadworthy. Likewise, helping with initial insurance costs would be useful depending on his financial situation.”

Summary Of Identified Financial Support Needs			
Domain	Item	Payment Details	Details/Rationale for Funding
EET	Education and training courses		Develop skills for future employment
Life skills	Vehicle insurance	Approx \$2500	██████ is saving to buy a car. Support with initial costs and promote making safe choices.
Life skills	Vehicle check	\$257 (RAC – less than 10 years old)	██████ is saving to buy a car. This would support him to make a reliable purchase.
Identity and culture	Access to cultural events, camps, family finding.		Develop knowledge and links to ██████'s Aboriginal and Māori heritage.
Health	Psychological treatment		It is recommended that ██████ engage in psychological treatment

- Physical items and some services can be easier to provide approximate costing; passport, driving lessons; specific courses, etc.
- This gives the young person and Leaving Care team worker an indication of what costs are, and potential for negotiating chipping-in.

TILA

- Transition to Independent Living Allowance - \$1500
- Can be used to fund variety of goods and services.
- Must be accessed before young person turns 25 years.
- If young person has not access TILA prior to 21 years Coach to support young person to understand their rights and how to access their TILA when they are ready.
- Check with Department to see what, if any funds have been accessed.



Handing Over the Handover

- Handover Summary must be provided to Department of Communities.
 - Where possible introduce the young person to the District office Leaving Care Team worker particularly for those with ongoing needs.
 - With young person's consent the Handover Summary can also be shared with others in their Support Circle:
 - Service case Manager
 - Therapeutic Specialist
 - Significant family
 - Carer
 - New Transition Coach.
- An abridged version of the Handover Summary might be more suitable for some services and future advocates.**



Ending the relationship

- Handover summary provides a structured way to bring the Coach and young person's relationship to a positive end.
- Opportunity to reflect, acknowledge and celebrate their growth and achievements.
- Chance to educate and empower – ensure awareness of rights and capacity to independently seek financial and other supports.



- Clearly mapping out/timelining a young person's needs and support circles can help offset potential self-sabotaging behaviours.
- Set a date and stick to it. Be flexible around finishing after the young person's 21st birthday (IIM funding unavailable after this point)

Celebrating the relationship

- Acknowledging your relationship with a young person is important for both of you (but it's still about the young person)
- Prepare by reflecting on the young person's ups and downs; strengths and achievements; challenges overcome; changes you have noticed.
- Write a card or a letter
- Take time to acknowledge the carers for those in Staying On placements



Questions & Comments?



More Information & Resources



Links to Resources & Documents on the website

[Participant Handover Summary – Practice Guidelines](#)

[Participant Handover Summary Form](#)



www.homestretchwa.org.au



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