

Practice Hour Case Discussion



Home
Stretch
WA

Date: 08 June 2023

Name of Facilitators:

Ben Dancey & Hayley McKenzie

Acknowledgement of Country

Home
Stretch
WA



*Ngaala kaaditj Noongar moort
Keyen kaadak nidja boodja*

We respectfully acknowledge the Whadjuk people of the Noongar Nation as the Traditional Custodians of the land we are presenting from today, and all the countries where people are located. We pay our respects to their strength, cultural resilience and the Elders past and present.

Housekeeping & Rules of Engagement

Rules of engagement:

- Safe, secure, confidential space
- De-identify your examples (*including case managers & District offices*)
- Not supervision (*but can be arranged!*)

Teams Etiquette:

- Cameras on
- Mic on mute
- Raise your hand (*virtually or give us a wave!*)
- One person per camera is best



Is everyone ok with it being recorded?

Who is here today?



In 1 minute or less

- What is your name?
- Which agency do you work with?
- What is your role?
- Which country are you tuning in from?

By the end of this session...

- Understand the purpose of case discussion.
- Learn how to do Case Discussion.
- Understand how to share information about your practice without feeling judged.
- Learn how to hold each other accountable by engaging in regular Case Discussion



What is Case Discussion

- Regular (fortnightly) meetings held to review the individual cases and progress of young people.
- Aim is to create a safe and non-judgmental space to openly share and reflect on practice.
- Opportunity to share information and knowledge and provide constructive feedback.
- Designed to compliment individual supervision - not as a replacement.



Case Discussion -/ Reflective Practice Life Domains Template

Background Information:

- Age
- Length of time with Home Stretch
- Referral & Onboarding reflection

Opportunities for Support/ Actions for Follow Up

Invest In Me Spending –Review Dashboard

Reviewed By:

Health & Wellness

Housing & Accom/ Staying On

Employment Education & Training

Financial Security

Works Well

Name

Date

Support Circle

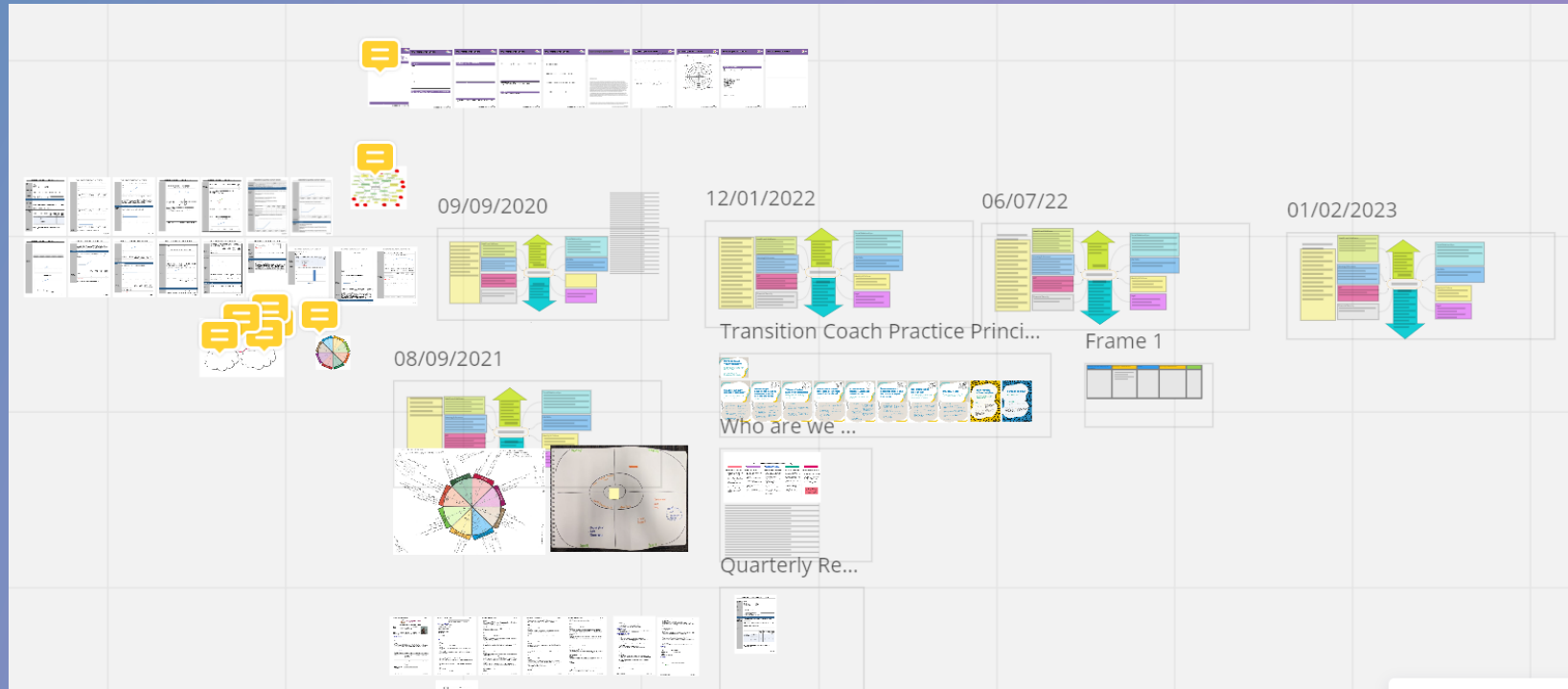
Life Skills

Identity & Culture

Legal

Challenges

Case Discussion – Miro Board



- An electronic whiteboard which allows to store and share case discussions and relevant documents in one place.
- Includes onboarding process, principles, SOA, outcome measures, IIM funding data, tools...

Roles and Responsibilities

Ensuring that young people receive high quality support is a shared responsibility across Home Stretch WA Teams.



So are the responsibilities of case discussion...

Reflective Questions

What has been the most significant change for this young person?

What practice principals have you drawn on?

Who are the key people in the young persons support network?

Have you used any tools with this young person?



What's the main priority for you?

What are their cultural needs?

What are the young persons greatest strengths?

Is the young person accessing IIM Funding?

Have you connected with any other people in their support network?

Case Study Example

- 19 year old Madi Jones
- Mother of 2 year old Tyson.
- Onboarded at 18 years of age and remained constantly engaged with Trial Coaches.
- Supported by 2 Coaches from the outset.



Madi Jones Case Discussion

Social Relationships

- Frequent conflict and break down in family and social relationships.
- Loneliness, isolation and history of trauma lead to vulnerability and formation of relationships which lead to Madi being taken advantage of and placing Tyson at risk.
- Tyson's father and paternal family have little to no contact.

EET

- Parents Next primary support.
- Interested in studying beauty.

Financial Security

- Parenting payment - split between weeks.
- Struggling to manage budget, prioritise needs vs wants, impulsive spending.
- Home Stretch currently providing regular financial assistance but are working to build Madi's capacity to seek aid from alternative supports - ER services, church groups and financial counselling.

Child/Parenting

- **Struggles to establish healthy routine for son Tyson.**
- Ongoing concerns around care and protection of Tyson. Related to neglect and poor hygiene standards.
- CPFS investigation led to referral to Intensive Family Support program (voluntary).
- Coaches currently walking alongside Madi as she begins engaging and builds relationship with workers.
- Struggling with basic parenting and limited insight into parenting skills.
- Madi loves her son and fears having him removed from her care.

Health and Wellness

- Behaviour is consistent with trauma responses, avoidant and heightened. Can be emotionally reactive and impulsive.
- Overwhelmed and struggling with self care, wants to go out with friends on weekends but has no supports in place to help with Tyson's care.
- Regular alcohol (binge drinking on weekends) and cannabis (daily use to aid sleep).
- Mental health - Madi has previously been diagnosed with depression and anxiety and prescribed medication. Madi does not take her medication regularly and/or as prescribed.

What questions would you ask, or what ideas might you ask your team-mate?



Housing & Accommodation

- Currently residing in transitional accommodation (6 month maximum stay) - no current leads on future accommodation.
- Current housing at risk due to property standards, ongoing complaints from neighbours regarding noise and rubbish accumulation.
- Most programs have extensive waitlists, are not currently accepting referrals or Tyson is too old (over 2 years).
- Shared accommodation is not appropriate for Madi and Tyson.
- Likely to require ongoing in-home support in independent accommodation.

Life Skills & Parenting

- Increasing concerns around life skills and hygiene in the home have led to reports to CPFS.

Legal

- Need to get identification for Madi and birth certificate for Tyson asap - support day care options.
- No formal agreements in place with family court
- Mediation set to commence next month - Madi is open to shared care with Tyson's Dad.

Additional Opportunities and Ideas

- Hold Case Discussion meetings off-site – visit other agencies or services.
- Invite staff from other services to attend and participate in case discussion.
- Draw on the Home Stretch Practice Principals.
- Look at Invest In Me Spending Data.
- Reflect on Outcomes Data.
- Ask Cultural Practice Questions.
- Share your reflective practice ideas in the Home Stretch website forum (*see today's post!*)



Questions & Comments?



More Information & Resources



Links to Resources & Documents on the website



www.homestretchwa.org.au

Contact Us

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